

TECH VALLEY

PRIMARY SCHOOL

BREAKFAST

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 NO SCHOOL No School All Staff Kickoff	2 NO SCHOOL No School	3 HALF DAY Bagel w/Cream Cheese Fresh Fruit Cupped Juice Chilled Milk	4 HALF DAY Mini Waffles Fresh Fruit Cupped Fruit Chilled Milk
7 NO SCHOOL No School Labor Day	8 Turkey Sausage Pancake Wrap Fresh Fruit Cupped Juice Chilled Milk	9 Bagel w/ Cream Cheese Fresh Fruit Cupped Fruit Chilled Milk	10 Berry Biscuit Shortcake Fresh Fruit Cupped Juice Chilled Milk	11 3 Cheese Egg Bite w/ Hashbrown Fresh Fruit Cupped Fruit Chilled Milk
14 Chocolate Swirl Fresh Fruit Cupped Juice Chilled Milk	15 Huevos Rancheros Fresh Fruit Cupped Fruit Chilled Milk	16 Bagel w/ Butter & Jelly Fresh Fruit Cupped Fruit Chilled Milk	17 French Toast Sticks Fresh Fruit Cupped Juice Chilled Milk	18 Cheese Omelet w/ Hashbrown Fresh Fruit Cupped Fruit Chilled Milk
21 Strawberry Bagel Bites Fresh Fruit Cupped Juice Chilled Milk	22 Mini Pancakes Fresh Fruit Cupped Fruit Chilled Milk	23 Bagel w/ Cream Cheese Fresh Fruit Cupped Fruit Chilled Milk	24 Cheesy Eggs & English Muffin Fresh Fruit Cupped Fruit Chilled Milk	25 Turkey Sausage Biscuit & Hashbrown Fresh Fruit Cupped Juice Chilled Milk
28 Banana Chocolate Chip Oatmeal Round Fresh Fruit Cupped Fruit Chilled Milk	29 Turkey Sausage Patty & 2 oz. Muffin Fresh Fruit Cupped Fruit Chilled Milk	30 Bagel w/ Butter & Jelly Fresh Fruit Cupped Juice Chilled Milk		

ALLERGY ALERT

If your child has an allergy, please notify the school nurse. All allergies must be documented by a health care professional.

IMPORTANT INFORMATION

- Menu subject to change without notice. A variety of fresh fruit is offered daily.
- An 8 oz. milk is offered with each meal. Fat free white, 1% white, Lactaid and soy are offered at breakfast.
- Cereal and graham crackers are offered daily.

If you have any questions or concerns, please contact Cindy Yonkers, Food Service Director, at 518-360-6152.

USDA is an equal opportunity provider, employer and lender.



Questions?
Contact Cindy
Yonkers
518-360-6152

TECH VALLEY PRIMARY SCHOOL

LUNCH

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 NO SCHOOL No School All Staff Kickoff	2 NO SCHOOL No School	3 HALF DAY Jamaican Beef Patty Yellow Corn Applesauce Cup Chilled Milk	4 HALF DAY Chicken Nuggets Crunchy Carrots Mixed Fruit Chilled Milk
7 NO SCHOOL No School Labor Day	8 Cheesy Croissant Glazed Carrots Fresh Apple Chilled Milk	9 Roasted Chicken & Waffles BBQ Beans Diced Peaches	10 Cheese Pizza Steamed Broccoli Banana Chilled Milk	11 Hot Dog on a Bun Cucumber Sticks Pear Chilled Milk
14 Buffalo Chicken Dip & Chips Baby Carrots Applesauce Cup Chilled Milk	15 Turkey Fiesta Bowl Chili Black Beans Fresh Melon Chilled Milk	16 Cheese Pizza Chopped Romaine Salad Mixed Fruit Chilled Milk	17 Chicken Shawarma Green Beans Mandarin Orange Chilled Milk	18 Hamburger on a Bun Baked Fries Pear Chilled Milk
21 Sweet & Spicy Meatballs Smokey Collard Greens Pineapple Tidbits Chilled Milk	22 Hard Shell Turkey Tacos Fiesta Roasted Corn Apple Chilled Milk	23 Chili & Cornbread Kidney Beans Mixed Fruit Chilled Milk	24 Rasta Pasta Red Pepper Strips Orange Chilled Milk	25 Crispy Chicken on a Bun Coleslaw Pear Chilled Milk
28 Cheesy Breadsticks & Sauce Steamed Broccoli Diced Peaches Chilled Milk	29 Walking Turkey Tacos Refried Beans Apple Chilled Milk	30 Stuffed Crust Pizza Cherry Tomatoes Banana Chilled Milk		

ALLERGY ALERT

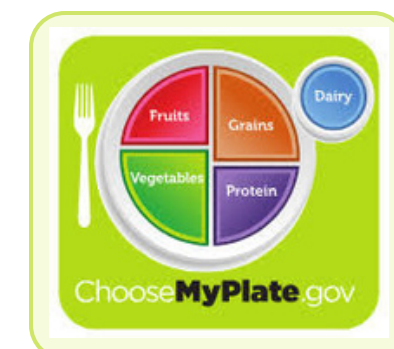
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IMPORTANT INFORMATION

- Menu subject to change without notice. A variety of fresh fruit is offered daily.
- An 8 oz. milk is offered with each meal. Fat free white, 1% white, Lactaid and soy are offered at lunch.
- Cold alternate offered daily.

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TECH VALLEY PRIMARY SCHOOL

SNACK

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 NO SCHOOL No School All Staff Kickoff	2 NO SCHOOL No School	3 HALF DAY No Snack	4 HALF DAY No Snack
7 NO SCHOOL No School Labor Day	8 Doritos String Cheese	9 2 oz. Muffin Craisins & Juice	10 Cheez-Its Pear	11 No Snack
14 Bunny Grahams Apple	15 Cheetos String Cheese	16 2 oz. Muffin Craisins & Juice	17 Heartzels Pear	18 No Snack
21 Chocolate Scooby Snacks Apple	22 Doritos String Cheese	23 2 oz. Muffin Craisins & Juice	24 Cheddar Goldfish Pear	25 No Snack
28 Giant Goldfish Apple	29 Cheetos String Cheese	30 2 oz. Muffin Craisins & Juice		

ALLERGY ALERT

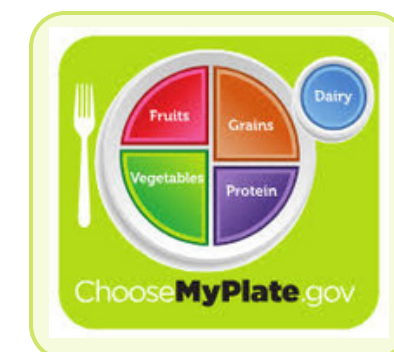
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