

BREAKFAST

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 No School All Staff Kickoff	2 No School	3 Cini Minis Fresh/Cupped Fruit Chilled Milk	4 Cereal & Graham Crackers Fresh/Cupped Fruit Chilled Milk
7 No School Labor Day	8 Turkey Sausage Pancake Wrap Fresh/Cupped Fruit Chilled Milk	9 Bagel w/ Cream Cheese Fresh/Cupped Fruit Chilled Milk	10 Berry Biscuit Shortcake Fresh/Cupped Fruit Chilled Milk	11 3 Cheese Egg Bite w/ Hashbrown Fresh/Cupped Fruit Chilled Milk
14 Chocolate Swirl Fresh Fruit/Juice Chilled Milk	15 Huevos Rancheros Fresh/Cupped Fruit Chilled Milk	16 Bagel w/ Cream Cheese Fresh Fruit/Juice Chilled Milk	17 French Toast Sticks Fresh/Cupped Fruit Chilled Milk	18 Cheese Omelet w/ Hashbrown Fresh Fruit/Juice Chilled Milk
21 Strawberry Bagel Bites Fresh/Cupped Fruit Chilled Milk	22 Mini Pancakes Fresh Fruit/Juice Chilled Milk	23 Bagel w/ Cream Cheese Fresh/Cupped Fruit Chilled Milk	24 Cheesy Eggs & English Muffin Fresh Fruit/Juice Chilled Milk	25 Turkey Sausage Biscuit & Hashbrown Fresh/Cupped Fruit Chilled Milk
28 Banana Chocolate Chip Oatmeal Round Fresh Fruit/Juice Chilled Milk	29 Turkey Sausage Patty & 2 oz. Muffin Fresh/Cupped Fruit Chilled Milk	30 Bagel w/ Cream Cheese Fresh Fruit/Juice Chilled Milk		

ALLERGY ALERT

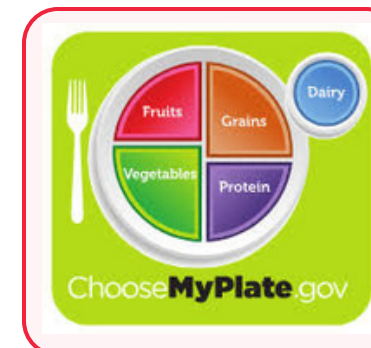
If your child has an allergy, please notify the school nurse. All allergies must be documented by a health care professional.

IMPORTANT INFORMATION

- Menu subject to change without notice. A variety of fresh fruit is offered daily.
- An 8 oz. milk is offered with each meal. Fat free white, 1% white, Lactaid and soy are offered at breakfast.
- Cereal and graham crackers are offered daily.

If you have any questions or concerns, please contact Cindy Yonkers, Food Service Director, at 518-360-6152.

USDA is an equal opportunity provider, employer and lender.



Questions?
Contact Cindy
Yonkers
518-360-6152

LUNCH

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 No School All Staff Kickoff NO SCHOOL	2 No School NO SCHOOL	3 Hot Dog on a Bun Yummy Corn Fresh Apple Chilled Milk HALF DAY	4 Hamburger on a Bun BBQ Baked Beans Mixed Fruit Chilled Milk HALF DAY
7 No School Labor Day NO SCHOOL	8 Cheesy Croissant Glazed Carrots Fresh Apple Chilled Milk	9 Roasted Chicken & Waffles BBQ Beans Diced Peaches Chilled Milk	10 Cheese Pizza Steamed Broccoli Banana Chilled Milk	11 Hot Dog on a Bun Cucumber Sticks Pear Chilled Milk
14 Buffalo Chicken Dip & Chips Baby Carrots Applesauce Cup Chilled Milk	15 Turkey Fiesta Bowl Chili Black Beans Fresh Melon Chilled Milk	16 Cheese Pizza Steamed Broccoli Banana Chilled Milk	17 Chicken Shawarma Cucumber Coins Mandarin Orange Chilled Milk	18 Hamburger on a Bun Baked Fries Mixed Fruit Chilled Milk
21 Sweet & Spicy Meatballs/Roll Smokey Collard Greens Pineapple Tidbits Chilled Milk	22 Hard Shell Turkey Tacos Fiesta Roasted Corn Fresh Apple Chilled Milk	23 Chili & Cornbread Kidney Beans Banana Chilled Milk	24 Rasta Pasta with Chicken Red Pepper Strips Oranges Chilled Milk	25 Crispy Chicken on a Bun Coleslaw Diced Pears Chilled Milk
28 Cheesy Breadsticks & Sauce Steamed Broccoli Diced Peaches Chilled Milk	29 Walking Turkey Tacos Refried Beans Fresh Apple Chilled Milk	30 Stuffed Crust Pizza Cherry Tomatoes Banana Chilled Milk		

ALLERGY ALERT

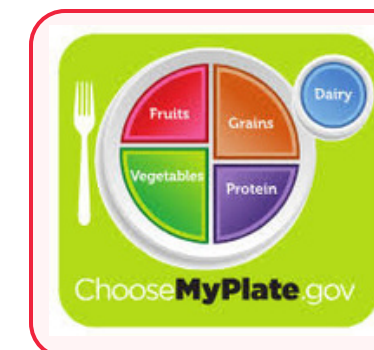
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IMPORTANT INFORMATION

- Menu subject to change without notice. A variety of fresh fruit is offered daily.
- An 8 oz. milk is offered with each meal. Fat free white, 1% white, Lactaid and soy are offered at lunch.
- Cold alternate offered daily.

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SNACK

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 No School All Staff Kickoff	2 No School	3 No Snack	4 No Snack
7 No School Labor Day	8 Doritos String Cheese	9 2 oz. Muffin Craisins & Juice	10 Cheez-Its Pear	11 No Snack
14 Bunny Grahams Apple	15 Cheetos String Cheese	16 2 oz. Muffin Craisins & Juice	17 Heartzels Pear	18 No Snack
21 Chocolate Scooby Snacks Apple	22 Doritos String Cheese	23 2 oz. Muffin Craisins & Juice	24 Cheddar Goldfish Pear	25 No Snack
28 Giant Goldfish Apple	29 Cheetos String Cheese	30 2 oz. Muffin Craisins & Juice		

ALLERGY ALERT

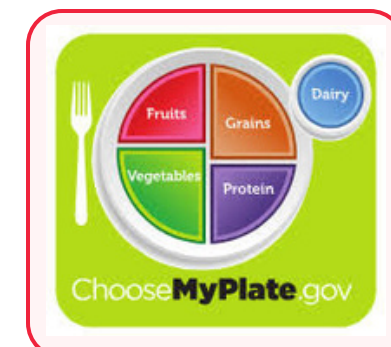
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