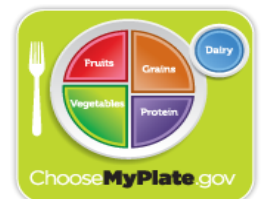


	Mini Maple Pancakes Fresh/Cupped Fruit Chilled Milk 1	Oatmeal Breakfast Bar Fresh/Cupped Fruit Chilled Milk 2	Three Cheese Egg Bite/ Roll Fresh/Cupped Fruit Chilled Milk 3	Chocolate Chip Muffin Fresh/Cupped Fruit Chilled Milk 4
Banana Chocolate Round Fresh/Cupped Fruit Chilled Milk 7	Cornbread Bites Fresh/Cupped Fruit Chilled Milk 8	Strawberry Shortcake Fresh/Cupped Fruit Chilled Milk 9	Cinni Minis Fresh/Cupped Fruit Chilled Milk 10	Warm Bagel & Cream Cheese Fresh/Cupped Fruit Chilled Milk 11
No School Indigenous Peoples' Day 14	French Toast Sticks Fresh/Cupped Fruit Chilled Milk 15	Cinnamon Swirl Fresh/Cupped Fruit Chilled Milk 16	Sausage Pancake Wrap Fresh/Cupped Fruit Chilled Milk 17	Warm Corn Muffin Fresh/Cupped Fruit Chilled Milk 18
Cinni Minis Fresh/Cupped Fruit Chilled Milk 21	Mini Pancakes Fresh/Cupped Fruit Chilled Milk 22	Warm Biscuit with Butter & Jelly Fresh/Cupped Fruit Chilled Milk 23	Cheese Omelet/Roll Fresh/Cupped Fruit Chilled Milk 24	Warm Bagel & Cream Cheese Fresh/Cupped Fruit Chilled Milk 25
Soft Breakfast Square Fresh/Cupped Fruit Chilled Milk 28	Egg Patty & Croissant Fresh/Cupped Fruit Chilled milk 29	Chicken Waffle Bites/Roll Fresh/Cupped Fruit Chilled Milk 30	Mini Waffles Fresh/Cupped Fruit Chilled Milk 31	

If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional.
 If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.

Menu subject to change without notice
 An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.
 USDA is an equal opportunity provider, employer and lender.



	Oven Roasted Jerk Chicken Whole Wheat Bread Garlicky Green Beans Diced Peaches Chilled Milk 1	Chicken & Waffles BBQ Baked Beans Blueberries Chilled Milk 2	Meatballs & Sauce Whole Wheat Bread Steamed Spinach Mixed Fruit Chilled Milk 3	Buffalo Chicken Dip & Chips Carrotinis Craisins Chilled Milk 4
Mozzarella Sticks & Sauce Italian Greens and Beans Diced Peaches Chilled Milk 7	Chicken Tenders Seasoned Sweet Potatoes Diced Pears Chilled Milk 8	Turkey Hot Dog on a Bun Cowboy Beans Mandarin Oranges Chilled Milk 9	Turkey Pepperoni Pizza Yummy Corn Banana Chilled Milk 10	Crispy Chicken Sandwich Cucumber Slices Applesauce Cup Chilled Milk 11
No School Indigenous Peoples' Day 14	Cheesy Croissant Butternut Squash Fresh Apple Chilled Milk 15	Chicken Sausage Sandwich With Peppers & Onions Broccoli Dunkers Diced Peaches Chilled Milk 16	Rodeo Burger Potato Salad Diced Pears Chilled Milk 17	Chicken Corn Dog Celery Sticks Craisins Chilled Milk 18
Cheesy Breadsticks Green Peas Mixed Fruit Chilled Milk 21	BBQ Chicken on a Bun Smoky Collard Greens Diced Peaches Chilled Milk 22	Baby Shower Meatballs Veggie Baked Beans Pineapple Tidbits Chilled Milk 23	Chicken Gyro with pita Lettuce & Tzatziki Banana Chilled Milk 24	Chicken Nuggets/Roll Carrotinis Applesauce Cup Chilled Milk 25
Popcorn Chicken/WW Bread Yummy Corn Diced Pears Chilled Milk 28	Turkey Pepperoni Pizza Ranch Chopped Salad Diced Peaches Chilled Milk 29	Cheesy Salsa Chicken Chili Black Beans Pineapple Tidbits Chilled Milk 30	Crispy Ranch Chicken Sandwich Garlicky Green Beans Blueberries Chilled Milk 31	

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Menu subject to change without notice Chef Salad offered daily. Cold alternate entrée offered daily.

An 8 oz. fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

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	Cheetos String Cheese Stick 1	Yogurt cup Granola 2	Giant Goldfish Banana 3	No Snack Half Day 4
Strawberry Cereal Bar 6 oz. Juice 7	Ranch Rice Crisp Fresh Pear 8	2 oz. Banana Muffin 6 oz. Juice 9	Tiger Bites String Cheese Stick 10	No Snack Half Day 11
No School Indigenous Peoples' Day 14	Cheezits String Cheese Stick 15	Doritos 6 oz. Juice 16	Scooby Snacks Banana 17	No Snack Half Day 18
Pop Tart 6 oz. Juice 21	Cheddar Bunnies Fresh Pear 22	Carrotinis & Ranch Dip Tostitos Scoops 23	2 oz. Apple Muffin String Cheese Stick 24	No Snack Half Day 25
Cinnamon Toast Crunch Cereal Bar 6 oz. Juice 28	Apple Cinnamon Rice Crisps String Cheese Stick 29	2 oz. Chocolate Chip Muffin 6 oz. Juice 30	Oatmeal Bar Banana 31	

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Menu subject to change without notice

An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

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