

	<p>Strawberry Bagel Bites Fresh/Cupped Fruit Chilled Milk</p> <p>1</p>	<p>Turkey Sausage Pancake Wrap Fresh/Cupped Fruit Chilled milk</p> <p>2</p>	<p>Warm Chocolate Swirl Fresh/Cupped Fruit Chilled Milk</p> <p>3</p>	<p>Warm Blueberry Muffin Fresh/Cupped Fruit Chilled Milk</p> <p>4</p>
<p>Warm Biscuit with Butter & Jelly Fresh/Cupped Fruit Chilled Milk</p> <p>7</p>	<p>Cheese Omelet Whole Wheat Bread Fresh/Cupped Fruit Chilled Milk</p> <p>8</p>	<p>Warm Bagel & Cream Cheese Fresh/Cupped Fruit Chilled Milk</p> <p>9</p>	<p>Mini Pancakes Fresh/Cupped Fruit Chilled Milk</p> <p>10</p>	<p>Turkey Sausage 1/2 English Muffin Fresh/Cupped Fruit Chilled Milk</p> <p>11</p>
<p>No School Indigenous Peoples' Day</p> <p>14</p>	<p>Toasted English Muffin with Butter & Jelly Fresh/Cupped Fruit Chilled Milk</p> <p>15</p>	<p>French Toast Sticks Fresh/Cupped Fruit Chilled Milk</p> <p>16</p>	<p>Egg Patty and 1/2 English Muffin Fresh/Cupped Fruit Chilled Milk</p>	<p>Warm 3 oz. Corn Muffin Fresh/Cupped Fruit Chilled Milk</p> <p>18</p>
<p>Warm Breakfast Square Fresh/Cupped Fruit Chilled Milk</p> <p>21</p>	<p>Strawberry Biscuit Shortcake Fresh/Cupped Fruit Chilled Milk</p> <p>22</p>	<p>Warm Bagel & Cream Cheese Fresh/Cupped Fruit Chilled Milk</p> <p>23</p>	<p>Warm Cinnamon Swirl Fresh/Cupped Fruit Chilled Milk</p> <p>24</p>	<p>Dutch Waffle Fresh/Cupped Fruit Chilled Milk</p> <p>25</p>
<p>Mini Waffles Fresh/Cupped Fruit Chilled Milk</p> <p>28</p>	<p>Chicken Waffle Bites/Roll Fresh/Cupped Fruit Chilled Milk</p> <p>29</p>	<p>Plain Omelet Whole Wheat Bread Fresh/Cupped Fruit</p> <p>30</p>	<p>Cinni Minis Fresh/Cupped Fruit Chilled Milk</p> <p>31</p>	

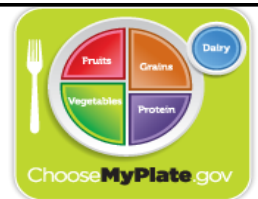
If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional.
If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.

Menu subject to change without notice

An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

USDA is an equal opportunity provider, employer and lender.



	Grilled Cheese Sandwich Italian Chopped Salad Fresh Apple Chilled Milk 1	Buffalo Chicken Dip/ Tostitos Peas & Corn Diced Peaches Chilled Milk 2	Meatball Sub Garlicky Green Beans Pineapple Tidbits Chilled Milk 3	Crispy Chicken Sandwich Carrotinis Craisins Chilled Milk 4
Cheesy Breadsticks & Sauce Seasoned Broccoli Fresh Apple Chilled Milk 7	BBQ Chicken on a Bun Cooked Carrots Mixed Fruit Chilled Milk 8	Rodeo Burger on a Bun Potato Salad Fresh Grapes Chilled Milk 9	Chicken Jambalaya & Cornbread Cajun Red Beans Diced Peaches Chilled Milk 10	Walking Chicken Tacos Cucumber Slices Fresh Pear Chilled Milk 11
No School Indigenous Peoples' Day 14	Popcorn Chicken Wrap Veggie Baked Beans Fresh Apple Chilled Milk 15	Turkey Hot Dog on a Bun Cole Slaw Diced Peaches Chilled Milk 16	Turkey Pepperoni Pizza Ranch Chopped Salad Diced Pears Chilled Milk 17	Chicken Nuggets Cherry Tomatoes Craisins Chilled Milk 18
Mozzarella Sticks & Sauce Yummy Corn Fresh Apple Chilled Milk 21	Cheesy Salsa Chicken With Cornbread Pinto Beans Mandarin Oranges Chilled Milk 22	Oven Roasted Chicken Whole Wheat Bread Butternut Squash Pineapple Tidbits Chilled Milk 23	Turkey Ham & Cheese Croissant Smoky Collard Greens Diced Peaches Chilled Milk 24	Homemade Cheese Pizza Celery Sticks Applesauce Cup Chilled Milk 25
Chicken Corn Dog BBQ Baked Beans Fresh Apple Chilled Milk 28	Baby Shower Meatballs/Roll Broccoli Dunkers Diced Peaches Chilled Milk 29	Chicken Gyro/Pita Lettuce and Tzatziki Mixed Fruit Chilled Milk 30	Buffalo Chicken Flatbread Scalloped Potatoes Diced Pears Chilled Milk 31	

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Menu subject to change without notice Chef Salad offered daily. A cold alternate entrée is offered on full school days.

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	Cheezits 6 oz. Juice 1	Chocolate Chip Oatmeal Bar String Cheese Stick 2	Sunbutter Cup & Celery Sticks 6 oz. Juice 3	No Snack Half Day 4
Pop Tart 6 oz. Juice 7	Sunchips Fresh Pear 8	Apple Cinnamon Rice Crisps 6 oz. Juice 9	Carrots with Dip String Cheese Stick 10	No Snack Half Day 11
No School Indigenous Peoples' Day 14	Strawberry Cereal Bar 6 oz. Juice 15	Giant Goldfish Fresh Pear 16	2 oz. Chocolate Muffin 6 oz. Juice 17	No Snack Half Day 18
Chocolate Chip Oatmeal Bar 6 oz. Juice 21	Cheetos Fresh Apple 22	Tostitos Scoops Salsa Cup 23	Tiger Bites String Cheese Stick 24	No Snack Half Day 25
Cinnamon Toast Crunch Cereal Bar 6 oz. Juice 28	Cheddar Bunnies Fresh Pear 29	Ranch Rice Crisps 6 oz. Juice 30	Doritos Fruit Cup 31	

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