

	<p><i>happy Valentine's day</i></p>		<p>Cinnamon Swirl 4 oz. Juice/Fresh Fruit Chilled Milk 1</p>	<p>No Students Professional Development Day For Staff 2</p>
<p>Strawberry Pop Tart and Graham Crackers 4 oz. Juice/ Fresh Fruit Chilled Milk 5</p>	<p>Mini Waffles 4 oz. Juice/ Fresh Fruit Chilled Milk 6</p>	<p>Warm Bagel & Cream Cheese 4 oz. Juice/Fresh Fruit Chilled Milk 7</p>	<p>Banana Chocolate Chip Oatmeal Round 4 oz. Juice/Fresh Fruit Chilled Milk 8</p>	<p>Warm 4 oz. Blueberry Muffin 4 oz. Juice/Fresh Fruit Chilled Milk 9</p>
<p>Cinnamon Cream Cheese Bagel Bites 4 oz. Juice/Fresh Fruit Chilled Milk 12</p>	<p>French Toast Sticks 4 oz. Juice/ Fresh Fruit Chilled Milk 13</p>	<p>Warm Bagel & Cream Cheese 4 oz. Juice/Fresh Fruit Chilled Milk 14</p>	<p>Strawberry Bagel Bites 4 oz. Juice/Fresh Fruit Chilled Milk 15</p>	<p>Warm 4 oz. Chocolate Chip Muffin 4 oz. Juice/Fresh Fruit Chilled Milk 16</p>
<p>No School 19</p>	<p>Winter Break 20</p>	<p>Be Safe 21</p>	<p>Stay Warm 22</p>	<p>Have Fun!! 23</p>
<p>Cereal Bar and Graham Crackers 4 oz. Juice/Fresh Fruit Chilled Milk 26</p>	<p>French Toast Sticks 4 oz. Juice/Fresh Fruit Chilled Milk 27</p>	<p>Warm Bagel & Cream Cheese 4 oz. Juice/Fresh Fruit Chilled Milk 28</p>	<p>Cinni Minis 4 oz. Juice/Fresh Fruit Chilled Milk 29</p>	

If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional.

If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.

Menu subject to change without notice

An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

USDA is an equal opportunity provider, employer and lender.



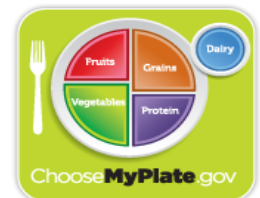
	<p>Entrée of the Month: Grilled Cajun Chicken Breast over Cheddar Grits</p>	<p>Vegetable of the Month: Smoky Collard Greens</p> <p>Fruit of the Month: Fresh Clementine</p>	<p>Turkey Hot Dog on a Bun Cooked Carrots Diced Pears Chilled Milk 1</p>	<p>No Students Professional Development Day For Staff 2</p>
<p>Cajun Grilled Chicken over Cheddar Grits Green Beans Fresh Apple Chilled Milk 5</p>	<p>Turkey Taco Salad with Chips Chili Black Beans Mixed Fruit Chilled Milk 6</p>	<p>Meatball Sub Italian Chopped Salad Diced Peaches Chilled Milk 7</p>	<p>Egg & Cheese Croissant Au Gratin Potatoes Pineapple Tidbits Chilled Milk 8</p>	<p>American Mixed Sub Carrotinis Craisins Chilled Milk 9</p>
<p>Chicken Corn Dog BBQ Baked Beans Fresh Apple Chilled Milk 12</p>	<p>Cheesy Breadsticks & Sauce Steamed Corn Diced Pears Chilled Milk 13</p>	<p>Battered Fish & Cornbread Cole Slaw Diced Peaches Chilled Milk 14</p>	<p>Chicken & Waffles Smoky Collard Greens Fresh Orange Chilled Milk 15</p>	<p>Turkey Ham & Cheese Sandwich Carrotinis Applesauce Cup Chilled Milk 16</p>
<p>No School 19</p>	<p>Winter Break 20</p>	<p>Stay Warm 21</p>	<p>Be Safe 22</p>	<p>Have Fun!! 23</p>
<p>Chicken Empanada Seasoned Cauliflower Fresh Apple Chilled Milk 26</p>	<p>Turkey Pepperoni Pizza Broccoli Dunkers Diced Pears Chilled Milk 27</p>	<p>Chicken Jambalaya with Rice Red Beans Fresh Clementine Chilled Milk 28</p>	<p>Crispy Buffalo Chicken Sandwich Deluxe Potato Salad Mixed Fruit Chilled Milk 29</p>	



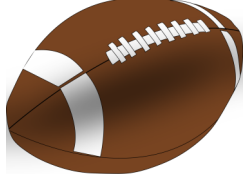
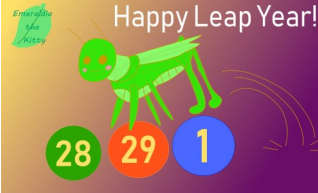
If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional.
If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.

Menu subject to change without notice
An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

USDA is an equal opportunity provider, employer and lender.



			<p>Blueberry Pop Tart 6 oz. Juice</p> <p>1</p>	<p>No Students Professional Development Day</p> <p>2</p>
<p>Cheetos 6 oz. Juice</p> <p>5</p>	<p>Chocolate Chip Oatmeal Bar 6 oz. Juice</p> <p>6</p>	<p>Ranch Rice Crisps 6 oz. Juice</p> <p>7</p>	<p>Scooby Snacks 6 oz. Juice</p> <p>8</p>	<p>No Snack Half Day</p> <p>9</p>
<p>Bunny Grahams 6 oz. Juice</p> <p>12</p>	<p>Tiger Bites 6 oz. Juice</p> <p>13</p>	<p>Cheezits 6 oz. Juice</p> <p>14</p>	<p>Doritos 6 oz. Juice</p> <p>15</p>	<p>No Snack Half Day</p> <p>16</p>
<p>No School</p> <p>19</p>	<p>Winter Break</p> <p>20</p>	<p>Be Safe</p> <p>21</p>	<p>Stay Warm</p> <p>22</p>	<p>Have Fun!!</p> <p>23</p>
<p>Giant Goldfish 6 oz. Juice</p> <p>26</p>	<p>Cheetos 6 oz. Juice</p> <p>27</p>	<p>Caramel Rice Crisps 6 oz. Juice</p> <p>28</p>	<p>Sunchips 6 oz. Juice</p> <p>29</p>	

If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional.
If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.

Menu subject to change without notice

USDA is an equal opportunity provider, employer and lender.

