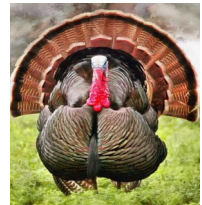


		<p><b>Warm Chocolate Swirls</b> 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>1</p>	<p><b>Banana Chocolate Chip Bar</b> 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>2</p>	<p><b>Data Day</b> No Students</p> <p>3</p>
<p><b>Cinni Minis</b> 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>6</p>	<p><b>French Toast Sticks</b> 4 oz. Juice/ Fresh Fruit Chilled Milk</p> <p>7</p>	<p><b>Warm Bagel &amp; Cream Cheese</b> 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>8</p>	<p><b>Cereal &amp; Graham Crackers</b> 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>9</p>	<p><b>Veterean's Day</b> No School</p> <p>10</p>
<p><b>Strawberry Bagel Bites</b> 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>13</p>	<p><b>Turkey Sausage, Egg and- Cheese Pocket</b> 4 oz. Juice/ Fresh Fruit Chilled Milk</p> <p>14</p>	<p><b>Warm Bagel &amp; Cream Cheese</b> 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>15</p>	<p><b>Yogurt &amp; Graham Crackers</b> 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>16</p>	<p><b>Warm 4 oz. Blueberry Muffin</b> 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>17</p>
<p><b>Cinni Minis</b> 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>20</p>	<p><b>Mini Waffles</b> 4 oz. Juice/ Fresh Fruit Chilled Milk</p> <p>21</p>	<p><b>Thanksgiving Break</b></p> <p>22</p>	<p><b>No School</b></p> <p>23</p>	<p><b>Have Fun! Be Safe!</b></p> <p>24</p>
<p><b>Cereal Bar and Graham Crackers</b> 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>27</p>	<p><b>Strawberry Bagel Bites</b> 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>28</p>	<p><b>Warm Bagel &amp; Cream Cheese</b> 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>29</p>	<p><b>Mini Maple Pancakes</b> 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>30</p>	

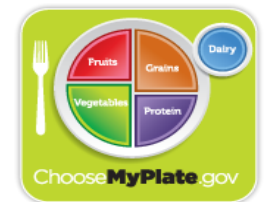
If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional.  
If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.



Menu subject to change without notice

An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

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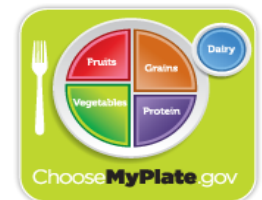




<p><b>New Entrée of the Month:</b> Rasta Pasta with Chicken <b>Vegetable of the Month:</b> Cinnamon Sweet Potatoes <b>Fruit of the Month:</b> Grapes</p>		<p>Rodeo Burger Veggie Beans Pineapple Tidbits Chilled Milk</p> <p>1</p>	<p>BBQ Chicken Pizza Carrotinis Craisins Chilled Milk</p> <p>2</p>	<p>Data Day No Students</p> <p>3</p>
<p>Homemade Macaroni &amp; Cheese Garlicky Green Beans Fresh Apple Chilled Milk</p> <p>6</p>	<p>Buffalo Chicken Dip &amp; Chips Cinnamon Sweet Potatoes Diced Pears Chilled Milk</p> <p>7</p>	<p>Beef Chili &amp; Cornbread Pinto Beans Grapes Chilled Milk</p> <p>8</p>	<p>Homemade Cheese Pizza Broccoli Dunkers Banana Chilled Milk</p> <p>9</p>	<p>Veteran's Day No School</p> <p>10</p>
<p>Chicken Corn Dog Yummy Corn Fresh Apple Chilled Milk</p> <p>13</p>	<p>Meatballs &amp; Sauce/ Roll Chopped Italian Salad Diced Peaches Chilled Milk</p> <p>14</p>	<p>Soft Turkey Taco Refried Beans Mixed Fruit Chilled Milk</p> <p>15</p>	<p>Crispy Chicken Sandwich Carrotinis Applesauce Cup Chilled Milk</p> <p>16</p>	<p>Homemade Buffalo Chicken Pizza Celery Sticks Craisins Chilled Milk</p> <p>17</p>
<p>Cheesy Breadsticks &amp; Sauce Italian Greens and Beans Fresh Apple Chilled Milk</p> <p>20</p>	<p>Chicken &amp; Gravy/ Stuffing Mashed Potatoes Applesauce Cup Chilled Milk</p> <p>21</p>	<p>Thanksgiving Break</p> <p>22</p>	<p>No School</p> <p>23</p>	<p>Have Fun...Be Safe!</p> <p>24</p>
<p>Popcorn Chicken Veggie Baked Beans Fresh Apple Chilled Milk</p> <p>27</p>	<p>Turkey Bacon Grilled Cheese Sandwich Smoky Collard Greens Mixed Fruit Chilled Milk</p> <p>28</p>	<p>Rasta Pasta with Chicken Green Beans Banana Chilled Milk</p> <p>29</p>	<p>Chicken Mashed Potato Bowl Whole Wheat Bread Peach Cup Chilled Milk</p> <p>30</p>	

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		<b>Cereal Bar</b> 6 oz. Juice 1	<b>Doritos</b> 6 oz. Juice 2	<b>Data Day</b> No Students 3
<b>Cereal Bar</b> 6 oz. Juice 6	<b>Chocolate Chip Oatmeal Bar</b> 6 oz. Juice 7	<b>Bunny Friends</b> 6 oz. Juice 8	<b>Caramel Rice Cakes</b> 6 oz. Juice 9	<b>Veteran's Day</b> No School 10
<b>Cheetos</b> 6 oz. Juice 13	<b>Tiger Bites</b> 6 oz. Juice 14	<b>Cheezits</b> 6 oz. Juice 15	<b>No Snack</b> Half Day 16	<b>No Snack</b> Half Day 17
<b>Bunny Grahams</b> 6 oz. Juice 20	<b>Giant Goldfish</b> 6 oz. Juice 21	<b>Thanksgiving Break</b> 22	<b>No School</b> 23	<b>Have Fun...Be Safe!</b> 24
<b>Sunchips</b> 6 oz. Juice 27	<b>Smartfood Popcorn</b> 6 oz. Juice 28	<b>Blueberry Poptart</b> 6 oz. Juice 29	<b>Doritos</b> 6 oz. Juice 30	

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