



		Warm Bagel & Cream Cheese 4 oz. Juice/Fresh Fruit Chilled Milk 1	Turkey Sausage, Egg and Cheese Pocket 4 oz. Juice/Fresh Fruit Chilled Milk 2	Data Day No Students 3
Cinni Minis 4 oz. Juice/Fresh Fruit Chilled Milk 6	French Toast Sticks 4 oz. Juice/ Fresh Fruit Chilled Milk 7	Warm Bagel & Cream Cheese 4 oz. Juice/Fresh Fruit Chilled Milk 8	Mini Waffles 4 oz. Juice/Fresh Fruit Chilled Milk 9	Veteran's Day No School 10
Strawberry Bagel Bites 4 oz. Juice/Fresh Fruit Chilled Milk 13	French Toast Sticks 4 oz. Juice/ Fresh Fruit Chilled Milk 14	Warm Bagel & Cream Cheese 4 oz. Juice/Fresh Fruit Chilled Milk 15	Cereal & Graham Crackers 4 oz. Juice/Fresh Fruit Chilled Milk 16	Warm 4 oz. Corn Muffin 4 oz. Juice/Fresh Fruit Chilled Milk 17
Cinni Minis 4 oz. Juice/Fresh Fruit Chilled Milk 20	French Toast Sticks 4 oz. Juice/ Fresh Fruit Chilled Milk 21	Thanksgiving Break 22	No School 23	Have Fun...Be Safe!!! 24
Strawberry Bagel Bites 4 oz. Juice/Fresh Fruit Chilled Milk 27	French Toast Sticks 4 oz. Juice/ Fresh Fruit Chilled Milk 28	Warm Bagel & Cream Cheese 4 oz. Juice/Fresh Fruit Chilled Milk 29	Mini Waffles 4 oz. Juice/Fresh Fruit Chilled Milk 30	

If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional.

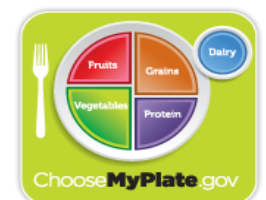
If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.

Menu subject to change without notice



An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

USDA is an equal opportunity provider, employer and lender.





<p>Entrée of the Month: Rasta Pasta with Chicken Vegetable of the Month: Cinnamon Sweet Potatoes Fruit of the Month: Grapes</p>		<p>Cheeseburger Calzone Yummy Corn Mixed Fruit Chilled Milk</p> <p style="text-align: center;">1</p>	<p>Chicken Nuggets Cinnamon Sweet Potatoes Applesauce Cup</p> <p style="text-align: center;">2</p>	<p>Data Day No Students</p> <p style="text-align: center;">3</p>
<p>Meatballs & Sauce/ Roll Italian Greens and Beans Fresh Apple Chilled Milk</p> <p style="text-align: center;">6</p>	<p>Southwest Chicken & Rice Chili Black Beans Grapes Chilled Milk</p> <p style="text-align: center;">7</p>	<p>Rasta Pasta with Chicken Carrotinis Banana Chilled Milk</p> <p style="text-align: center;">8</p>	<p>Homemade Cheese Pizza Peas & Corn Diced Pears Chilled Milk</p> <p style="text-align: center;">9</p>	<p>Veteran's Day No School</p> <p style="text-align: center;">10</p>
<p>Crispy Chicken Sandwich Steamed Broccoli Fresh Apple Chilled Milk</p> <p style="text-align: center;">13</p>	<p>Rodeo Burger BBQ Baked Beans Diced Peaches Chilled Milk</p> <p style="text-align: center;">14</p>	<p>Soft Turkey Tacos Confetti Corn Berry Cup Chilled Milk</p> <p style="text-align: center;">15</p>	<p>Chicken Corn Dog Celery Sticks Banana Chilled Milk</p> <p style="text-align: center;">16</p>	<p>Chicken Nuggets Carrotinis Craisins Chilled Milk</p> <p style="text-align: center;">17</p>
<p>Grilled Cheese Sandwich Smoky Collard Greens Fresh Apple Chilled Milk</p> <p style="text-align: center;">20</p>	<p>Chicken & Gravy/Roll Mashed Potatoes Applesauce Cup Chilled Milk</p> <p style="text-align: center;">21</p>	<p style="text-align: center;">Thanksgiving Break</p> <p style="text-align: center;">22</p>	<p style="text-align: center;">No School</p> <p style="text-align: center;">23</p>	<p style="text-align: center;">Have Fun...Be Safe!</p> <p style="text-align: center;">24</p>
<p>Popcorn Chicken Yummy Corn Fresh Apple Chilled Milk</p> <p style="text-align: center;">27</p>	<p>Beef Chili & Cornbread Pinto Beans Mixed Fruit Chilled Milk</p> <p style="text-align: center;">28</p>	<p>Buffalo Chicken Dip & Chips Ranch Chopped Salad Pineapple Tidbits Chilled Milkq</p> <p style="text-align: center;">29</p>	<p>Turkey Hot Dog on a Bun Cucumber Sticks Diced Pears Chilled Milk</p> <p style="text-align: center;">30</p>	

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Cheese Sandwich offered daily

Menu subject to change without notice An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

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		Whole Grain Sunchips 6 oz. Juice 1	Smartfood Popcorn 6 oz. Juice 2	Data Day No School 3
Whole Grain Strawberry Poptart 6 oz. Juice 6	Chocolate Chip Oatmeal Bar 6 oz. Juice 7	Whole Grain Bunny Friends 6 oz. Juice 8	Caramel Rice Cakes 6 oz. Juice 9	Veteran's Day No School 10
Whole Grain Cheetos 6 oz. Juice 13	Whole Grain Tiger Bites 6 oz. Juice 14	Whole Grain Cheezits 6 oz. Juice 15	No Snack Half Day 16	No Snack Half Day 17
Whole Grain Bunny Grahams 6 oz. Juice 20	Whole Grain Giant Goldfish 6 oz. Juice 21	Whole Grain Blueberry Poptart 6 oz. Juice 22	Whole Grain Doritos 6 oz. Juice 23	No Snack Half Day 24
Whole Grain Cheezits 6 oz. Juice 27	Whole Grain Oatmeal Bar 6 oz. Juice 28	Smartfood Popcorn 6 oz. Juice 29	Ranch Rice Cakes 6 oz. Juice 30	

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