



<b>Strawberry Bagel Bites</b> 4 oz. Juice/Fresh Fruit Chilled Milk  30	<b>Mini Pancakes</b> 4 oz. Juice/ Fresh Fruit Chilled Milk  31	<b>Turkey Sausage, Egg and Cheese Pocket</b> 4 oz. Juice/Fresh Fruit Chilled Milk  1	<b>Cinni Minis</b> 4 oz. Juice/Fresh Fruit Chilled Milk  2	<b>Data Day</b> No Students  3
<b>Strawberry Pop Tart and Graham Crackers</b> 4 oz. Juice/ Fresh Fruit Chilled Milk  6	<b>Mini Waffles</b> 4 oz. Juice/ Fresh Fruit Chilled Milk  7	<b>Warm Bagel &amp; Cream Cheese</b> 4 oz. Juice/Fresh Fruit Chilled Milk  8	<b>Banana Chocolate Chip Oatmeal Round</b> 4 oz. Juice/Fresh Fruit Chilled Milk  9	<b>Veteran's Day</b> No School  10
<b>Cereal &amp; Graham Crackers</b> 4 oz. Juice/Fresh Fruit Chilled Milk  13	<b>French Toast Sticks</b> 4 oz. Juice/ Fresh Fruit Chilled Milk  14	<b>Warm Bagel &amp; Cream Cheese</b> 4 oz. Juice/Fresh Fruit Chilled Milk  15	<b>Strawberry Bagel Bites</b> 4 oz. Juice/Fresh Fruit Chilled Milk  16	<b>Warm 4 oz. Chocolate Chip Muffin</b> 4 oz. Juice/Fresh Fruit Chilled Milk  17
<b>Cereal Bar &amp; Crackers</b> 4 oz. Juice/Fresh Fruit Chilled Milk  20	<b>Mini Waffles</b> 4 oz. Juice/ Fresh Fruit Chilled Milk  21	<b>Thanksgiving Break</b>   22	<b>No School</b>   23	<b>Have Fun...Be Safe!!</b>   24
<b>Apple Oatmeal Bar</b> 4 oz. Juice/Fresh Fruit Chilled Milk  27	<b>French Toast Sticks</b> 4 oz. Juice/ Fresh Fruit Chilled Milk  28	<b>Warm Bagel &amp; Cream Cheese</b> 4 oz. Juice/Fresh Fruit Chilled Milk  29	<b>Warm Chocolate Swirl</b> 4 oz. Juice/Fresh Fruit Chilled Milk  30	<b>Warm 3 oz. Corn Muffin</b> 4 oz. Juice/Fresh Fruit Chilled Milk

If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional.

If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.

Menu subject to change without notice

An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

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<b>Cheesy Croissant</b> <b>Steamed Corn</b> <b>Fresh Apple</b> <b>Chilled Milk</b> <b>30</b>	<b>Meatballs &amp; Sauce/Roll</b> <b>Green Beans</b> <b>Strawberry Cup</b> <b>Chilled Milk</b> <b>31</b>	<b>Crispy Chicken Sandwich</b> <b>Cinnamon Sweet Potatoes</b> <b>Applesauce Cup</b> <b>Chilled Milk</b> <b>1</b>	<b>Homemade Macaroni &amp; Cheese</b> <b>Smoky Collard Greens</b> <b>Pineapple Tidbits</b> <b>Chilled Milk</b> <b>2</b>	<b>Data Day</b> <b>No Students</b> <b>3</b>
<b>Chicken Nuggets</b> <b>Green Beans</b> <b>Fresh Apple</b> <b>Chilled Milk</b> <b>6</b>	<b>Rodeo Burger</b> <b>BBQ Baked Beans</b> <b>Mixed Fruit</b> <b>Chilled Milk</b> <b>7</b>	<b>Turkey Bacon Grilled</b> <b>Cheese Sandwich</b> <b>Carrotinis</b> <b>Peach Cup</b> <b>Chilled Milk</b> <b>8</b>	<b>Rasta Pasta with Chicken</b> <b>Yummy Corn</b> <b>Diced Pears</b> <b>Chilled Milk</b> <b>9</b>	<b>Veteran's Day</b> <b>No School</b> <b>10</b>
<b>Chicken Corn Dog</b> <b>Steamed Broccoli</b> <b>Applesauce Cup</b> <b>Chilled Milk</b> <b>13</b>	<b>Buffalo Chicken Pizza</b> <b>Yummy Corn</b> <b>Diced Peaches</b> <b>Chilled Milk</b> <b>14</b>	<b>Soft Turkey Tacos</b> <b>Lettuce and Salsa</b> <b>Banana</b> <b>Chilled Milk</b> <b>15</b>	<b>Half Day</b> <b>Pizza Kipptable</b> <b>Carrotinis</b> <b>Fresh Apple</b> <b>Chilled Milk</b> <b>16</b>	<b>American Mixed Sub</b> <b>Celery Sticks</b> <b>Fresh Orange</b> <b>Chilled Milk</b> <b>17</b>
<b>Cheeseburger Calzone</b> <b>BBQ Baked Beans</b> <b>Fresh Apple</b> <b>Chilled Milk</b> <b>20</b>	<b>Chicken &amp; Gravy/ Stuffing</b> <b>Mashed Potatoes</b> <b>Applesauce Cup</b> <b>Chilled Milk</b> <b>21</b>	<b>Thanksgiving Break</b> <b>22</b>	<b>No School</b> <b>23</b>	<b>Have Fun...Be Safe!!!</b> <b>24</b>
<b>Popcorn Chicken</b> <b>Yummy Corn</b> <b>Fresh Apple</b> <b>Chilled Milk</b> <b>27</b>	<b>Beef Chili &amp; Cornbread</b> <b>Pinto Beans</b> <b>Diced Pears</b> <b>Chilled Milk</b> <b>28</b>	<b>Buffalo Chicken Dip &amp; Chips</b> <b>Garlicky Green Beans</b> <b>Grapes</b> <b>Chilled Milk</b> <b>29</b>	<b>Chicken Mashed Potato Bowl</b> <b>Whole Wheat Bread</b> <b>Yummy Corn</b> <b>Peach Cup</b> <b>Chilled Milk</b> <b>30</b>	<b>Pizza Kipptable</b> <b>Carrotinis</b> <b>Craisins</b> <b>Chilled Milk</b> <b>1</b>

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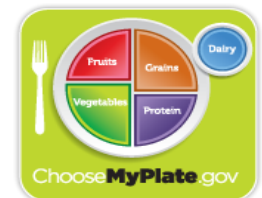
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Cheezits 6 oz. Juice 30	Oatmeal Bar 6 oz. Juice 31	Cereal Bar 6 oz. Juice 1	Sunchips 6 oz. Juice 2	Data Day No Students 3
Cinnamon Pop Tart 6 oz. Juice 6	Chocolate Chip Oatmeal Bar 6 oz. juice 7	Sunchips 6 oz. juice 8	Scooby Snacks 6 oz. Juice 9	Veteran's Day No School 10
Cheetos 6 oz. Juice 13	Tiger Bites 6 oz. Juice 14	Cheezits 6 oz. Juice 15	No Snack Half Day 16	No Snack Half Day 17
Bunny Grahams 6 oz. Juice 20	Giant Goldfish 6 oz. Juice 21	Thanksgiving Break 22	No School 23	Have Fun...Be Safe! 24
Cereal Bar 6 oz. Juice 27	Cheetos 6 oz. Juice 28	Blueberry Poptart 6 oz. Juice 29	Doritos 6 oz. Juice 30	No Snack Half Day

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