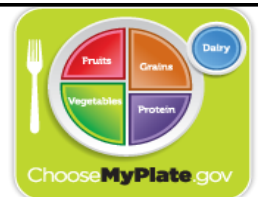


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|--|--|--|--|---|
|  |  | <p>Turkey Sausage, Egg and Cheese Empanada 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>1</p> | <p>Cereal & Graham Crackers 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>2</p> | <p>Data Day No Students</p> <p>3</p> |
| <p>Cinni Minis 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>6</p> | <p>French Toast Sticks 4 oz. Juice/ Fresh Fruit Chilled Milk</p> <p>7</p> | <p>Warm Chocolate Swirl 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>8</p> | <p>Cereal Bar & Crackers 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>9</p> | <p>Veteran's Day No School</p> <p>10</p> |
| <p>Strawberry Bagel Bites 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>13</p> | <p>Mini Waffles 4 oz. Juice/ Fresh Fruit Chilled Milk</p> <p>14</p> | <p>Warm Bagel & Cream Cheese 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>15</p> | <p>Maple Mini Pancakes 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>16</p> | <p>Warm 4 oz. Chocolate Chip 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>17</p> |
| <p>Cinni Minis 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>20</p> | <p>French Toast Sticks 4 oz. Juice/ Fresh Fruit Chilled Milk</p> <p>21</p> | <p>Thanksgiving Break</p> <p>22</p> | <p>No School</p> <p>23</p> | <p>Enjoy!</p> <p>24</p> |
| <p>Cereal Bar & Graham Crackers 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>27</p> | <p>Mini Waffles 4 oz. Juice/ Fresh Fruit Chilled Milk</p> <p>28</p> | <p>Warm Bagel & Cream Cheese 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>29</p> | <p>Yogurt & Graham Crackers 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>30</p> | <p>Warm Corn Muffin 4 oz. Juice/Fresh Fruit Chilled Milk</p> <p>1</p> |

If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional.
If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.

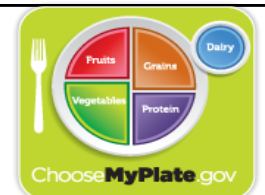
Menu subject to change without notice
An 8oz milk is offered with each meal.


Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.
USDA is an equal opportunity provider, employer and lender.



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|--|---|--|---|---|
| <p>Entrée of the Month: Rasta Pasta with Chicken Fruit of the Month: Fresh Grapes Vegetable of the Month: Cinnamon Sweet Potatoes</p> |  | <p>Rodeo Burger Broccoli Dunkers Diced Peaches Chilled Milk 1</p> | <p>Buffalo Chicken Dip & Chips Yummy Corn Fresh Grapes Chilled Milk 2</p> | <p>Data Day No Students 3</p> |
| <p>Chicken Nuggets Steamed Broccoli Fresh Apple Chilled Milk 6</p> | <p>Grilled Cheese Sandwich BBQ Baked Beans Mixed Fruit Chilled Milk 7</p> | <p>Rasta Pasta with Chicken Carrotinis Peach Cup Chilled Milk 8</p> | <p>Grilled Chicken Parm Sandwich Celery Sticks Diced Pears Chilled Milk 9</p> | <p>Veteran's Day No School 10</p> |
| <p>Chicken Corn Dog Cinnamon Sweet Potatoes Applesauce Cup Chilled Milk 13</p> | <p>Soft Turkey Tacos Refried Beans Diced Peaches Chilled Milk 14</p> | <p>Meatballs & Sauce /Roll Mixed Vegetables Mandarin Oranges Chilled Milk 15</p> | <p>American Mixed Sub Cucumber Sticks Craisins Chilled Milk 16</p> | <p>Chef's Salad Wheat Bread Fresh Apple Chilled Milk 17</p> |
| <p>Cheesy Breadsticks /Sauce Italian Greens and Beans Fresh Pear Chilled Milk 20</p> | <p>Chicken & Gravy/ Stuffing Mashed Potatoes Applesauce Cup Chilled Milk 21</p> | <p>Thanksgiving Break 22</p> | <p>No School 23</p> | <p>Enjoy!! 24</p> |
| <p>Crispy Chicken Sandwich Cheesy Potatoes Fresh Apple Chilled Milk 27</p> | <p>Chili & Cornbread Pinto Beans Mandarin Oranges Chilled Milk 28</p> | <p>Macaroni & Cheese Smoky Collard Greens Diced Pears Chilled Milk 29</p> | <p>Buffalo Chicken Pizza Garlicky Green Beans Diced Peaches Chilled Milk 30</p> |  |

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| | | | | |
|---|------------------------------------|-----------------------------------|---------------------------------------|---|
| | | Doritos 6 oz. Juice 1 | Smartfood Popcorn 6 oz. Juice 2 | Data Day No Students 3 |
| Cereal Bar 6 oz. Juice 6 | Giant Goldfish 6 oz. juice 7 | Bunny Friends 6 oz. juice 8 | Sunchips 6 oz. Juice 9 | No School Veteran's Day 10 |
| Cheetos 6 oz. Juice 13 | Tiger Bites 6 oz. Juice 14 | Cheezits 6 oz. Juice 15 | Half Day No Snack 16 | No Snack Half Day 17 |
| Bunny Grahams 6 oz. Juice 20 | Oatmeal Bar 6 oz. Juice 21 | No School 22 | Thanksgiving Break 23 | Enjoy! 24 |
| Caramel Rice Cakes 6 oz. Juice 27 | Doritos 6 oz. Juice 28 | Sunchips 6 oz. Juice 29 | Pop Tart 6 oz. Juice 30 |  |

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