



May 2023 Breakfast

Nutrigrain Bar & Crackers 4 oz. Juice/Fresh Fruit Chilled Milk 1	Cereal Bar & Crackers 4 oz. Juice/ Fresh Fruit Chilled Milk 2	Bagel & Cream Cheese 4 oz. Juice/Fresh Fruit Chilled Milk 3	Pop Tart & Crackers 4 oz. Juice/Fresh Fruit Chilled Milk 4	4 oz. Blueberry Muffin 4 oz. Juice/Fresh Fruit Chilled Milk 5
Cinni Minis 4 oz. Juice/Fresh Fruit Chilled Milk 8	Oatmeal Bar & Crackers 4 oz. Juice/ Fresh Fruit Chilled Milk 9	Cereal Bar & Graham Crackers 4 oz. Juice/Fresh Fruit Chilled Milk 10	Strawberry Bagel Bites 4 oz. Juice/Fresh Fruit Chilled Milk 11	4 oz. Apple Muffin 4 oz. Juice/Fresh Fruit Chilled Milk 12
Nutrigrain Bar & Crackers 4 oz. Juice/Fresh Fruit Chilled Milk 15	Cereal Bar & Crackers 4 oz. Juice/ Fresh Fruit Chilled Milk 16	Bagel & Cream Cheese 4 oz. Juice/Fresh Fruit Chilled Milk 17	Pop Tart & Crackers 4 oz. Juice/Fresh Fruit Chilled Milk 18	4 oz. Chocolate Chip 4 oz. Juice/Fresh Fruit Chilled Milk 19
Cinni Minis 4 oz. Juice/Fresh Fruit Chilled Milk 22	Oatmeal Bar & Crackers 4 oz. Juice/ Fresh Fruit Chilled Milk 23	Cereal Bar & Graham Crackers 4 oz. Juice/Fresh Fruit Chilled Milk 24	Strawberry Bagel Bites 4 oz. Juice/Fresh Fruit Chilled Milk 25	4 oz. Apple Muffin 4 oz. Juice/Fresh Fruit Chilled Milk 26
Nutrigrain Bar & Crackers 4 oz. Juice/Fresh Fruit Chilled Milk 29	Cereal Bar & Crackers 4 oz. Juice/ Fresh Fruit Chilled Milk 30	Bagel & Cream Cheese 4 oz. Juice/Fresh Fruit Chilled Milk 31		

If your child has an allergy please notify the school nurse. Lactose allergies must be documented by a health care professional.

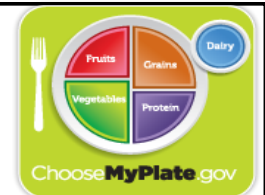
If you have any questions or concerns please contact Cindy Yonkers, Food Service Director at 518-360-6152.

***PLEASE NOTE* Items with a * contain PORK**

Menu subject to change without notice An 8oz milk is offered with each meal.

Fat free white, 1% white and fat free chocolate milk offered at lunch. Fresh Fruit offered daily.

USDA is an equal opportunity provider, employer and lender.





May 2023 Lunch

<p>Cheesy Croissant Steamed broccoli Fresh Apple Chilled Milk 1</p>	<p>Hot Dog on a Bun Veggie Beans Diced peaches Chilled Milk 2</p>	<p>Crispy Chicken Sandwich Cheesy Potatoes Applesauce Cup Chilled Milk 3</p>	<p>Chicken Gyro with Tzatziki Shredded Lettuce Diced Pears Chilled Milk 4</p>	<p>Turkey Sandwich Carrotinis Craisins Chilled Milk 5</p>
<p>Chicken Nuggets Green Beans Fresh Apple Chilled Milk 8</p>	<p>Southwest Chicken & Rice Cooked Carrots Diced Pears Chilled Milk 9</p>	<p>Meatloaf & Gravy/ Roll Mashed Potatoes Peach Cup Chilled Milk 10</p>	<p>Grilled Chicken Sandwich Veggie Beans Banana Chilled Milk 11</p>	<p>Ranch Chicken Salad Whole Wheat Bread Applesauce Cup Chilled Milk 12</p>
<p>Chicken & Waffles Yummy Corn Applesauce Cup Chilled Milk 15</p>	<p>Soft Turkey Tacos Lettuce and Salsa Diced Peaches Chilled Milk 16</p>	<p>Popcorn Chicken Veggie Baked Beans Banana Chilled Milk 17</p>	<p>French Bread Pizza Broccoli Dunkers Diced Pears Chilled Milk 18</p>	<p>Italian Mixed Sub Carrotinis Fresh Apple Chilled Milk 1/2 Day 19</p>
<p>BBQ Chicken on a Bun Potato Smiles Fresh Apple Chilled Milk 22</p>	<p>Egg & Cheese Sandwich Mixed Vegetables Diced Pears Chilled Milk 23</p>	<p>Macaroni & Cheese Collard Greens Banana Chilled Milk 24</p>	<p>Walking Chicken Taco Chili Black Beans Peach Cup Chilled Milk 25</p>	<p>Chicken Salad/WW Bread Carrotinis Applesauce Cup Chilled Milk 1/2 Day 26</p>
<p>Memorial Day Observed No School 29</p>	<p>Chicken Pizza Quesadilla Green Beans Fresh Apple Chilled Milk 30</p>	<p>Sloppy Joe on a Bun Steamed Broccoli Strawberry Cup Chilled Milk 31</p>		

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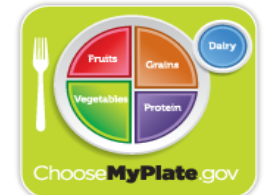
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May 2023 Lunch

Giant Goldfish 6 oz. Juice 1	Tiger Bites 6 oz. Juice 2	Cheez-its 6 oz Juice 3	Scooby Snacks 6 oz. Juice 4	Half Day No Snack 5
Giant Goldfish 6 oz. Juice 8	Tiger Bites 6 oz. Juice 9	Cheez-its 6 oz Juice 10	Scooby Snacks 6 oz. Juice 11	Half Day No Snack 12
Giant Goldfish 6 oz. Juice 15	Tiger Bites 6 oz. Juice 16	Cheez-its 6 oz Juice 17	Scooby Snacks 6 oz. Juice 18	Half Day No Snack 19
Giant Goldfish 6 oz. Juice 22	Tiger Bites 6 oz. Juice 23	Cheez-its 6 oz Juice 24	Scooby Snacks 6 oz. Juice 25	Half Day No Snack 26
Memorial Day No School 29	Tiger Bites 6 oz. Juice 30	Cheez-its 6 oz Juice 31		

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